



### BREAKFAST CLASSICS

Served with Red's potatoes and your choice of toasted marble rye, Italian white, multigrain or sourdough cheese.

Sub gluten free bread. \$1

#### Red's Original

2 eggs your way with regular or Canadian bacon or breakfast sausage. \$15.75

Sub beef sausage or kielbasa. \$1

#### Red's Big Breakfast

3 eggs your way with a pancake, regular or Canadian bacon and breakfast sausage. \$18.95

Sub beef sausage or kielbasa. \$1

Sub blueberry pancake. \$1

#### Breakfast Sandwich

Fried egg, Canadian bacon, cheddar cheese, lettuce, tomato and house made mayo on toasted marble rye, Italian white, multigrain or sourdough cheese. \$14.95

Sub gluten free bread. \$1

#### Vegan Tofu Scramble

Spinach, red peppers and tomatoes served with fresh fruit, potatoes not included. \$17.95

#### Farm Fresh 3 Egg Omelettes

**CLASSIC:** Mushrooms, ham, green onions, tomato and cheddar cheese. \$17.95

**VEGETARIAN:** Spinach, red peppers and cheddar cheese. \$17.5

Add guacamole. \$2.5

**SOUTHWESTERN:** Sausage, red peppers, green onions, jack cheese and salsa. \$17.95

Add guacamole. \$2.5

**INGLEWOOD:** Spolumbo's chorizo, mushrooms and brie cheese. \$17.95

#### Prairie Breakfast Plate

2 eggs, house made potato cheddar perogies and Rocky's kielbasa. \$19.5

#### Steak & Eggs

Charbroiled 6oz sirloin steak and 2 eggs served with sliced tomato. \$21.95

### BREAKFAST WRAPS

Served with Red's potatoes.

#### Rancheros Wrap

2 scrambled eggs, black beans, jalapeños, jack cheese and green onion wrapped in a flour tortilla, served with salsa and sour cream. \$17.5

Add guacamole. \$2.5

#### Mediterranean Wrap

2 scrambled eggs with peppers, onions, olives, spinach, goat cheese and balsamic reduction wrapped in a flour tortilla. \$16.5

### BENNIES

Served with Red's potatoes.

Sub gluten free bread. \$1

#### Traditional Benny

Served on a toasted English muffin with Canadian bacon and house made hollandaise. \$18.5

#### Kensington Benny

Served on a toasted English muffin with spinach, goat cheese, creamy house made sundried tomato pesto hollandaise and balsamic drizzle. \$18.5

#### Pacific Benny

Served on a toasted English muffin with smoked salmon, red onions, capers and house made hollandaise. \$18.95

#### Pulled Pork Benny

Served on a toasted English muffin with pulled pork, creamy house made chipotle hollandaise and BBQ drizzle. \$18.5

### WHOLE GRAINS & YOGURTS

#### Oatmeal Brûlée

Served with caramelized cinnamon sugar topping. \$10.95

#### Quinoa

Topped with maple roasted almonds, pumpkin seeds and milk or almond milk. \$12.95

#### Breakfast Parfait

With honey sweetened yogurt, house made granola, fresh fruit and your choice of toasted marble rye, Italian white, multigrain or sourdough cheese. \$15.95

Sub gluten free bread. \$1

### RED'S HASH PLATES

Served with your choice of toasted marble rye, Italian white, multigrain or sourdough cheese.

Sub gluten free bread. \$1

#### Pulled Pork Hash & Eggs

Pulled pork potato hash with melted mozzarella, fresh pineapple cilantro salsa and 2 eggs. \$18.5

#### Montreal Smoked Meat Hash & Eggs

Montreal smoked meat potato hash with red peppers, caramelized onions, house made hollandaise and 2 eggs. \$19.5

#### Chorizo Hash & Eggs

Spolumbo's chorizo sausage potato hash with tomatoes, caramelized onions, house made ranch and 2 eggs. \$19.5

### HOT OFF THE GRIDDLE

#### Buttermilk Buckwheat Pancakes

Served with whipped butter, maple syrup and topped with icing sugar. \$14.95

Add field berry compote. \$2

#### Blueberry Buttermilk Buckwheat Pancakes

Served with whipped butter, maple syrup and topped with icing sugar. \$16.5

Add field berry compote. \$2

#### Hazelnut Crêpes

Nutella and bananas with whipped cream. \$15.5

#### Crêpes la Québécoise

Bacon, apple and brie cheese. \$16.5

Add maple syrup. \$2

#### French Toast

Served with maple syrup and topped with icing sugar. \$16.95

Sub gluten free bread. \$2

Add field berry compote. \$2

#### Blueberry, Basil & Goat Cheese Stuffed French Toast

Served with a balsamic drizzle and field berry compote. \$18.95

Sub gluten free bread. \$2

### BREAKFAST SIDES

Regular or Canadian

Bacon or Breakfast Sausage \$5

Beef Sausage or Kielbasa \$6

Single Egg \$3.25

Red's Potatoes \$4.5

Maple Syrup \$2

Toasted Marble Rye, Italian White, Multigrain or Sourdough Cheese \$5

Toasted Gluten Free Bread \$6

Toasted English Muffin \$4

Honey Sweetened Yogurt \$5

Seasonal Fresh Fruit Salad \$5

Sour Cream or Salsa \$1.5

Guacamole \$2.5

Tomato Slices \$3.5

Single Pancake \$5.75

Single Blueberry Pancake \$6.75

Single French Toast \$6.5



Included with your burger or sandwich is your choice of soup, hand cut fries or Red's potatoes.  
Sub poutine \$4 Sub garden salad \$1.5

### KENSINGTON BUILD YOUR OWN BURGER

Choose between a half pound sirloin, roasted chicken or veggie patty, served with lettuce, tomato, pickle and mayo on a brioche bun. \$15.75

Gluten free bun available \$1

Add cheese: brie, goat, mozzarella, cheddar, jack, swiss. \$2

Add bacon. \$2

Add fried egg. \$2.90

Add sautéed mushrooms. \$1

Add caramelized onions. \$1

Add guacamole. \$2

Add BBQ Sauce – no charge

### KENSINGTON SANDWICHES

#### Toasted BLT

Bacon, lettuce and tomato with mayo on your choice of toasted marble rye, Italian white, multigrain or sourdough cheese. \$14.95

Sub gluten free bread. \$1

Add cheddar cheese. \$2

#### Classic Grilled Cheese

Cheddar cheese on cheddar sourdough. \$12.95

Sub gluten free bread. \$1

Add bacon. \$2

#### Pulled Pork Sandwich

Served on a brioche bun with house coleslaw. \$15.95

#### Red's Steak Sandwich

Charbroiled 6oz sirloin steak on grilled french bread with sautéed mushrooms and caramelized onions. \$20.95

#### Chicken Club Sandwich

Roasted chicken on your choice of toasted marble rye, Italian white, multigrain or sourdough cheese, with cheddar cheese, crisp bacon, lettuce, tomato and house made mayo. \$17.95

Sub gluten free bread. \$1

#### Slow Roasted Beef Dip

AAA Alberta beef rubbed with herbs and roasted garlic. Thinly sliced and served on a Bite Groceteria baguette with a side of au jus. \$16.95

Add cheese. \$2

Add sautéed mushrooms. \$1

Add caramelized onions. \$1

#### Reuben Sandwich

Montreal smoked meat, sauerkraut smothered in swiss cheese and topped with dijon mustard on grilled marble rye. \$16.95

Sub gluten free bread. \$1

### CLASSICS

#### Kensington Fish & Chips

(when available)

Beer-battered cod with house made tartar sauce and coleslaw. \$17.95

Each additional piece. \$6

Side tartar sauce. \$1.5

#### Red's Poutine

Hand cut fries with cheese curds and house made gravy.

Small \$9.95 Large \$13.95

#### Chorizo Mac & Cheese

Tri-colored fusilli, Spolumbo's chorizo sausage, creamy cheese sauce topped with green onions and fresh tomato. \$15.5

#### Vietnamese Tofu Wrap

A vegetarian twist on a Vietnamese classic. Marinated tofu with cilantro, spinach, cucumber and pickled carrots. \$16.95

### SOUPS & GREENS

#### Fresh Soup Special

House made soup in a cup \$5

House made salad dressings: Red's ranch, basil buttermilk dressing, red wine balsamic vinaigrette.

#### Red's House Salad

With your choice of dressing. \$8.95

Add chicken. \$6.5

#### Cobb Salad

Chopped fresh greens, tomato, crisp bacon, red peppers, roasted chicken, hard-boiled egg, guacamole and jack cheese with your choice of dressing. \$18.95

#### Roasted Beet and Goat Cheese

With fresh greens, roasted almonds, pumpkin seeds and seasonal fruit. Finished with a red wine vinaigrette.

Small \$13.95 Large \$16.95

Add chicken. \$6.5

### GREAT ADDITIONS

Hand Cut Fries \$5.25

Gravy \$2.5

Kielbasa \$6

Perogies (10) \$8.95

For customers with sensitivities & allergies

Although we will do our very best to accommodate you, we cannot guarantee zero cross-contamination of any allergens.

18% gratuity added to parties of 6 or more.

