



### BREAKFAST CLASSICS

Served with Red's potatoes and your choice of toasted marble rye, Italian white, multigrain or sourdough cheese.

Sub gluten free bread \$1

#### Red's Original

2 Eggs your way with bacon or breakfast sausage. \$13.5

Sub Canadian bacon or beef sausage \$2

#### Red's Big Breakfast

3 Eggs your way with a pancake, bacon and breakfast sausage. \$17.5

Sub Canadian bacon or beef sausage \$2

Sub blueberry pancake \$1

#### Breakfast Sandwich

Fried egg, Canadian bacon, cheddar cheese, lettuce, tomato and house made mayo on your choice of toasted marble rye, Italian white, multigrain or sourdough cheese. \$13

Sub gluten free bread \$1

#### Vegan Tofu Scramble

Spinach, red peppers and tomatoes served with fresh fruit, potatoes not included. \$17

#### Farm Fresh 3 Egg Omelettes

**CLASSIC:** Mushrooms, ham, green onions, tomato and cheddar cheese. \$16

**VEGETARIAN:** Spinach, red peppers and cheddar cheese. \$15.5

**SOUTHWESTERN:** Sausage, red peppers, green onions, jack cheese and salsa. \$17

Add guacamole \$2.5

**INGLEWOOD:** Spolumbo's chorizo, mushrooms and brie cheese. \$17

#### Prairie Breakfast Plate

2 Eggs, house made potato cheddar perogies and Rocky's kielbasa. \$17.5

#### Steak & Eggs

Charbroiled 6oz sirloin steak and 2 eggs served with sliced tomato. \$20

### BREAKFAST WRAPS

Served with Red's potatoes.

#### Rancheros Wrap

2 Scrambled eggs, black beans, jalapeños, jack cheese and green onion wrapped in a flour tortilla, served with salsa and sour cream. \$16

Add guacamole \$2.5

#### Mediterranean Wrap

2 Scrambled eggs with peppers, onions, olives, spinach, goat cheese and balsamic reduction wrapped in a flour tortilla. \$15

### BENNIES

Served with Red's potatoes.

Sub gluten free bread \$1

#### Traditional Benny

Served on a toasted English muffin with Canadian bacon and house made hollandaise. \$17

#### Kensington Benny

Served on a toasted English muffin with spinach, goat cheese, creamy house made sundried tomato pesto hollandaise and balsamic drizzle. \$17

#### Pacific Benny

Served on a toasted English muffin with smoked salmon, red onions, capers and house made hollandaise. \$17.5

#### Pulled Pork Benny

Served on a toasted English muffin with pulled pork, creamy house made chipotle hollandaise and BBQ drizzle. \$17

### WHOLE GRAINS & YOGURTS

#### Oatmeal Brûlée

Served with caramelized cinnamon sugar topping. \$9.5

#### Quinoa

Topped with maple roasted almonds, pumpkin seeds and milk or almond milk. \$10

#### Breakfast Parfait

With honey sweetened yogurt, house made granola, fresh fruit and your choice of toasted marble rye, Italian white, multigrain or sourdough cheese. \$14

Sub gluten free bread \$1

### RED'S HASH PLATES

Served with your choice of toasted marble rye, Italian white, multigrain or sourdough cheese.

Sub gluten free bread \$1

#### Pulled Pork Hash & Eggs

Pulled pork potato hash with melted mozzarella, fresh pineapple cilantro salsa and 2 eggs. \$17.5

#### Montreal Smoked Meat Hash & Eggs

Montreal smoked meat potato hash with red peppers, caramelized onions, house made hollandaise and 2 eggs. \$18.5

#### Chorizo Hash & Eggs

Spolumbo's chorizo sausage potato hash with tomatoes, caramelized onions, house made ranch and 2 eggs. \$18.5

### HOT OFF THE GRIDDLE

#### Buttermilk Buckwheat Pancakes

Served with whipped butter and maple syrup. \$13

Add field berry compote \$2

#### Blueberry Buttermilk Buckwheat Pancakes

Served with whipped butter and maple syrup. \$14.5

Add field berry compote \$2

#### Hazelnut Crêpes

Nutella and bananas with whipped cream. \$14

#### Crêpes la Québécoise

Bacon, apple and brie cheese. \$15

Add maple syrup \$2

#### French Toast

Served with maple syrup and topped with icing sugar. \$16

Sub gluten free bread \$2

Add field berry compote \$2

#### Blueberry, Basil & Goat Cheese

#### Stuffed French Toast

Served with a balsamic drizzle and field berry compote. \$17

Sub gluten free bread \$2

### BREAKFAST SIDES

Bacon or Breakfast Sausage \$5

Canadian Bacon, Beef Sausage or Kielbasa \$6

Single Egg \$2.5

Red's Potatoes \$5

1/2 Chilled Red Grapefruit with Minted Sugar \$5

Maple Syrup \$2

Toasted Marble Rye, Italian White, Multigrain or Sourdough Cheese \$5

Toasted Gluten Free Bread \$6

Toasted English Muffin \$4

Honey Sweetened Yogurt \$5

Seasonal Fresh Fruit Salad \$5

Sour Cream or Salsa \$1.5

Guacamole \$2.5

Tomato Slices \$3.5

Single Pancake \$5

Single Blueberry Pancake \$6

Single French Toast \$6



Included with your burger or sandwich is your choice of soup, hand cut fries or Red's potatoes.

Sub poutine \$4 Sub garden salad \$1.5

### KENSINGTON BUILD YOUR OWN BURGER

Choose between a half pound sirloin, grilled chicken or veggie patty, served with lettuce, tomato, pickle and mayo on a brioche bun. \$14.5

Gluten free bun available \$1

Add cheese \$2

(brie, goat, mozzarella, cheddar, jack, swiss)

Add bacon \$2.5

Add fried egg \$2.5

Add sautéed mushrooms \$1

Add caramelized onions \$1

Add guacamole \$2.5

Add salsa \$1.5

Add BBQ Sauce – no charge

### KENSINGTON SANDWICHES

#### Toasted BLT

Bacon, lettuce and tomato with mayo on your choice of toasted marble rye, Italian white, multigrain or sourdough cheese. \$13

Sub gluten free bread \$1

Add cheddar cheese \$2

#### Classic Grilled Cheese

Cheddar cheese on cheddar sourdough. \$12

Sub gluten free bread \$1

Add bacon \$2.5

#### Pulled Pork Sandwich

Served on a brioche bun with house coleslaw. \$15

#### Red's Steak Sandwich

Charbroiled 6oz sirloin steak on grilled french bread with sautéed mushrooms and caramelized onions. \$19

#### Chicken Club Sandwich

Sliced chicken breast on your choice of toasted marble rye, Italian white, multigrain or sourdough cheese, with cheddar cheese, crisp bacon, lettuce, tomato and house made mayo. \$16.5  
Sub gluten free bread \$1

#### Slow Roasted Beef Dip

AAA Alberta beef rubbed with herbs and roasted garlic. Thinly sliced and served on a Bite Groceteria baguette with a side of au jus. \$15.5

Add cheese \$2

Add sautéed mushrooms \$1

Add caramelized onions \$1

#### Reuben Sandwich

Montreal smoked meat, sauerkraut smothered in swiss cheese and topped with dijon mustard on grilled marble rye. \$16.5

Sub gluten free bread \$1

### CLASSICS

#### Kensington Fish & Chips

Beer-battered cod with house made tartar sauce and coleslaw. \$16.5

Each additional piece \$6

Side tartar sauce \$1.5

#### Red's Poutine

Hand cut fries with cheese curds and house made gravy.

Small \$9 Large \$13

#### Chorizo Mac & Cheese

Rigatoni, Spolumbo's chorizo sausage, creamy cheese sauce topped with green onions and fresh tomato.

Regular \$13 Large \$17.5

#### Vietnamese Tofu Wrap

A vegetarian twist on a Vietnamese classic. Marinated tofu with cilantro, spinach, cucumber and pickled carrots. \$16

### SOUPS & GREENS

#### Fresh Soup Special

House made soup in a cup \$5

House made salad dressings: Red's ranch, basil buttermilk dressing, red wine balsamic vinaigrette.

#### Red's House Salad

With your choice of dressing.

Small \$7 Large \$8.5

Add chicken \$6

#### Cobb Salad

Chopped fresh greens, tomato, crisp bacon, roasted chicken breast, hard-boiled egg, guacamole and jack cheese with your choice of dressing. \$18.5

#### Roasted Beet and Goat Cheese

Topped with roasted almonds, pumpkin seeds and fresh strawberries. Finished with a red wine vinaigrette.

Small \$9 Large \$13

### GREAT ADDITIONS

Hand Cut Fries \$5.5

Gravy \$3

Kielbasa \$6

Perogies (10) \$7.5

For customers with sensitivities & allergies Although we will do our very best to accommodate you, we cannot guarantee zero cross-contamination of any allergens.

18% gratuity added to parties of 6 or more.

wifi password: Iheartbacon!

